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# High Efficiency in Interpreting: Evidence from the Memory-Surprisal Trade-Off

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Using Corpora in Contrastive and Translation Studies  
Hildesheim, Germany

September 09, 2025

# Outline

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- ① Prerequisites
  - Information theory context
  - Setting the task
- ② Methodology
- ③ MST Results
- ④ Discussion and alternative approaches
- ⑤ Takeaways
- ⑥ References

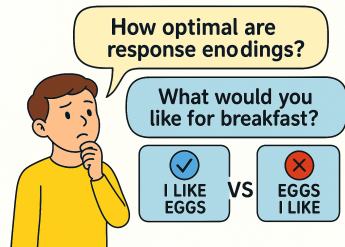
# Information theory for language variation studies

Linguistics is concerned with explaining why some options are selected over others.

Do language structures and norms evolve to favour more optimal choices?

## Information Theory Hypothesis

Language users are cost-effective: they optimise their speech by **balancing effort and informativeness**, committing minimum cognitive resources to convey just enough information.



# Information-theoretic measures

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How can this hypothesis be tested? Which encodings are more optimal?

Experimental psycho- and neurolinguisitc measures:

- N400 Effect, brain response to unexpected words
- acceptability judgement
- reading times and eye-tracking metrics

# Information-theoretic measures

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## **Modelling: Measures of information density and distribution**

① **Surprisal:** cognitive processing difficulty (Hale, 2001; Levy, 2008)

“A word’s predictability, as measured by surprisal, is a major determinant of processing difficulty.” (Hahn et al., 2022)

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**GPT2-based surprisal** approximates psycho- and neurolinguisitc measures:

- N400 Effect, brain response to unexpected words (Huber et al., 2024; Michaelov et al., 2024),
- acceptability judgement (Wallbridge et al., 2022),
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- ② **Uniform Information Density (UID)**, inc. operationalised as inverse **Average Sentence Surprisal (AvS)**: how efficiently a communication channel is used (Meister et al., 2021).

# Information-theoretic measures (cont.)

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## ③ Mean Dependency Distance (MDD), comprehension difficulty

“the linear distance between syntactically dependent words, ... as an indicator of language processing difficulty and **working memory load** in humans.” (Chen et al., 2024)

trade-off with MHD (Mean Hierarchical Distance, production difficulty) (Jing and Liu, 2015)

## ④ Memory-surprisal trade-off (MST): how cost-effective the encoding is.

“A certain level of average surprisal per word can only be achieved at the cost of storing some amount of information about past context.” (Hahn et al., 2022)



# Application to Translation: Motivation

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## Mediated language –

- differs systematically from native TL productions,
- can be regarded as a distinct TL subsystem (Chesterman, 2017).

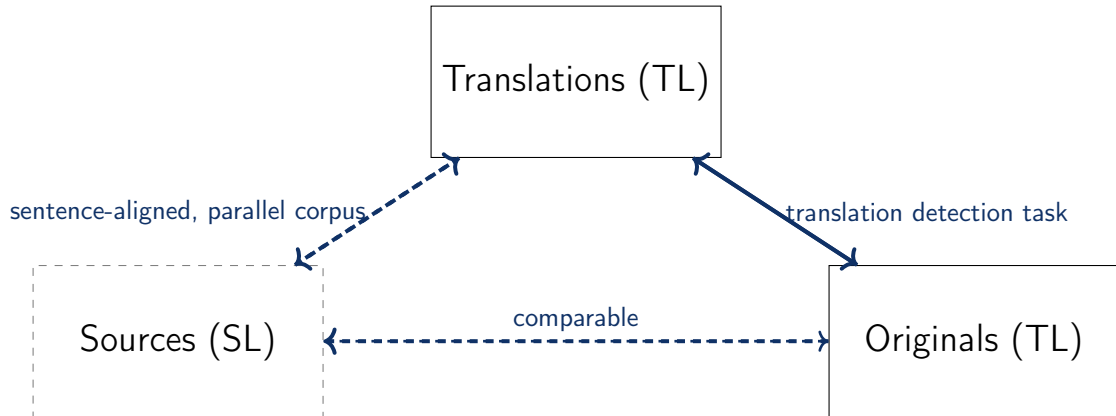
**Information-theoretic assumption:** Language production balances *informativeness/clarity* against *cognitive effort/processing cost*.

### Research Question

Can translated, especially interpreted, language be described as a form of **optimised information management** compared to sources and originals?

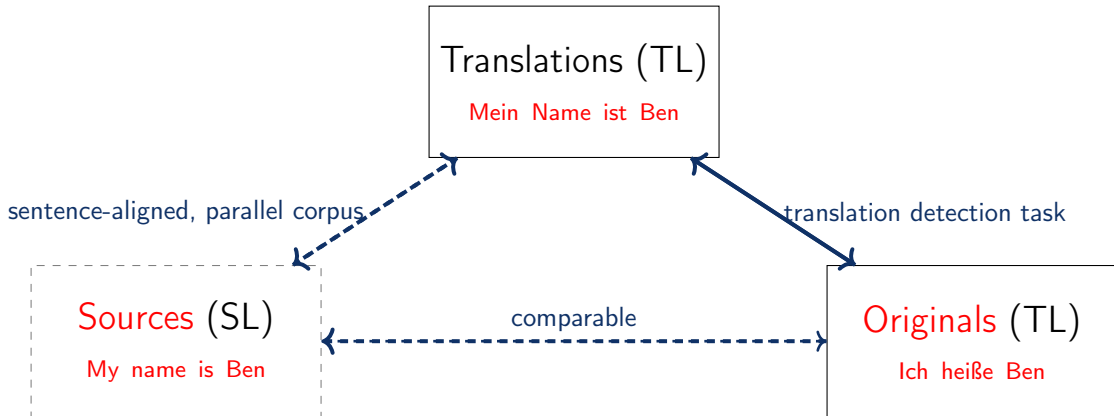
# Typical comparisons in translation studies

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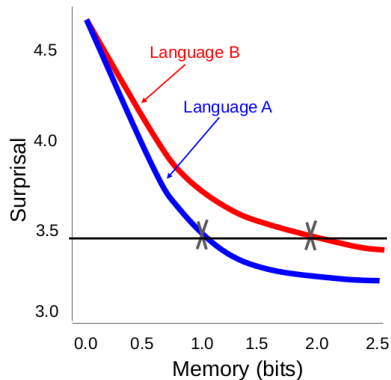
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# Language-level comparisons after Hahn et al. (2021)

MST: A more optimal **Language A** needs less memory to produce the same level of surprisal.



Empirical support:

shorter MDD (for same content) == better MST

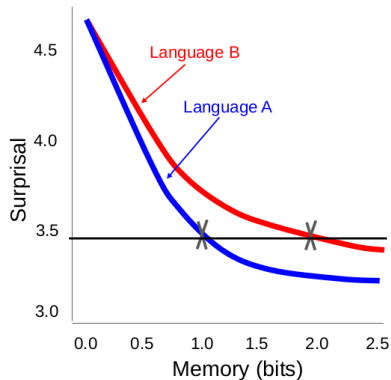
- 1 Humans favour short-term dependencies, i.e. optimised MST,
- 2 Natural languages have lower MDD and more efficient MST than counterfactual languages with manipulated word order rules.

MST converts context length into bits of information, making it compatible with surprisal.

Mathematical model from Hahn et al. (2021)

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# Implementation: Steps and Caveats

Goal: Assess the (relative) efficiency of translated/interpreted language against originals.

## Language modelling

German and English n-gram models trained with KenLM toolkit (Heafield et al., 2013)

Train data does not intersect with test data.

Training setup decisions

- 1- **preprocessing**: raw vs. lemma vs. **lempos** (lowercase, tokenised MWE, xxxx for NUMs);
- 2- **train content**: written\_orig+tran or **written\_orig**,
- 3- **type of n-gram boundary**: segment vs. **document**,
- 4- **testset OOV handling**: back-off probability for <unk>,
- 5- **unigramM=0**: Memory for unigram model (N=1) is assumed 0.

# Surprisal and Memory Calculations

Surprisal from five n-gram models, one for each  $N \in [2, 6]$

"negative log probability of a word in context"

e.g if  $N=3$ :

$$S(w_i) = -\log_2(P(w_i | w_{i-3}, w_{i-2}, w_{i-1})) \quad (1)$$

averaged across all words in the subcorpus/languages variety (AvS).

Memory estimate for each N

$$M_{t+1} = M_t + (t * (S_t - S_{t+1})) \quad (2)$$

e.g if  $N=3$ :

$$\text{memory\_rate\_3} = 2 * (AvS_2 - AvS_3)$$

$$\text{memory\_3} = M_2 + \text{memory\_rate\_3}$$



# Pre-processed text and Resulting data table

## Example of preprocessed textual data

Jane Doe visited Paris as well as Rome in 2024.

jane\_doe\_PROPN visit\_VERB paris\_PROPN in\_ADP xxxx\_NUM as\_well\_as\_CONJ  
rome\_PROPN .\_PUNCT

**Data table**

TL	ttype	ngram_size	surprisal	$memory(S_t - S_{t+1})$
de	org	1	9.151	0
de	org	2	7.387	1.764
de	org	3	7.035	2.468
de	org	4	6.966	2.674
de	org	5	6.957	2.712
de	org	6	6.953	2.729
en	tgt	1	9.151	0
en	tgt	2	7.387	1.764
...	...	...	...	...

## B7 Data: *German* ↔ *English*, European Parliament debates

**EPIC-UdS (spoken):** manually transcribed video recordings of parliamentary speeches and their simultaneous interpreting (Przybyl et al., 2022),

**Europarl-UdS (written):** transcripts of speeches (adapted for reading) and their written translation from European Parliament website (extracted using Martinez's pipeline),

- L1 originals,
- document- and segment-alignment,
- unified punctuation, spoken features removed,
- balanced for modes and directions,
- lemmatised: Stanza (Qi et al., 2020),

lang	mode	type	docs	segs	tokens
de	wr	org tgt	170	2,796	67,726 77,427
	sp	org tgt	165	3,247	56,142 49,265
en	wr	org tgt	170	2,790	67,965 66,462
	sp	org tgt	137	3,435	64,645 46,462

Written Original Train Data

EN, DE (each): 12 K documents, 3.3 M tokens

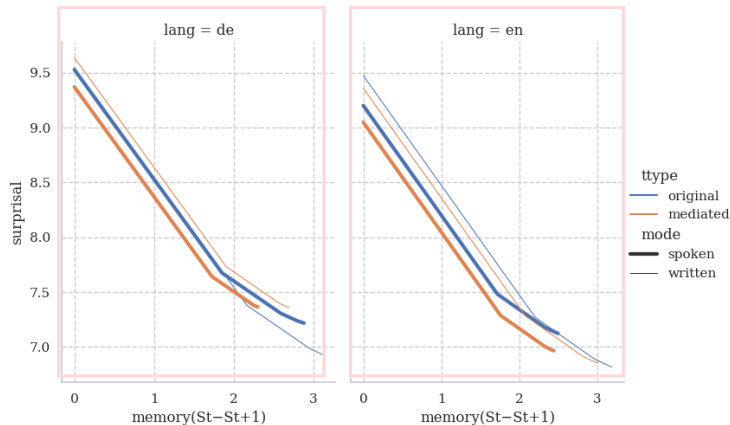
(after filtering and pre-processing)

# Outline

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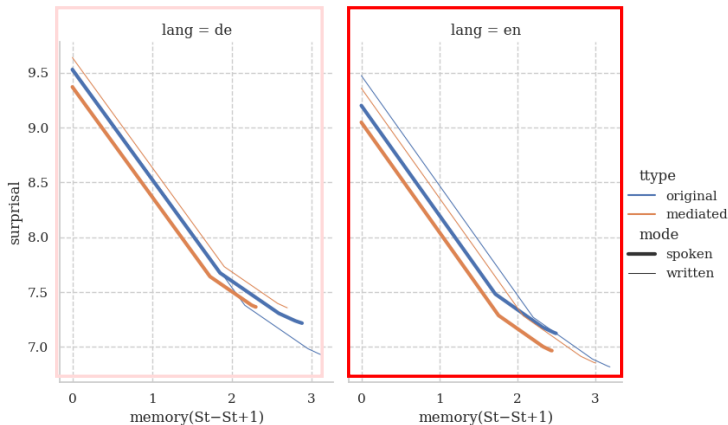
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# MST relational plots (a line per variety, org and tgt)



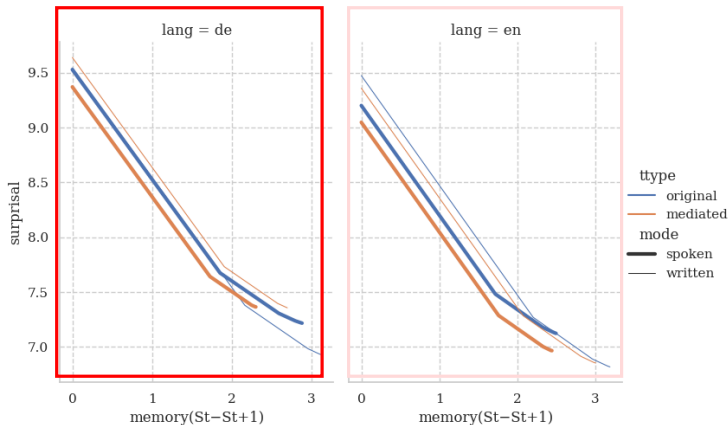
Spoken mediated (**thick brown line**) is the most optimal language variety.

## MST relational plots (a line per variety, org and tgt)



**EN:** mediated (both modes) has better MST (=more optimal) than original, spoken is more optimal than written, both the original or mediated (as expected).

## MST relational plots (a line per variety, org and tgt)



**DE:** interpreting is more optimal than translation and than originals, written translation is least optimal, no difference between original modes (read-out speeches?).

## MST: Is mediated language more optimal ...

than originals?

TL	mode	measure	outcome
de	sp	MST	✓
	wr		✗
en	sp		✓
	wr		✓

(n-gram KenLM models, trained on 12K original lemposed documents)

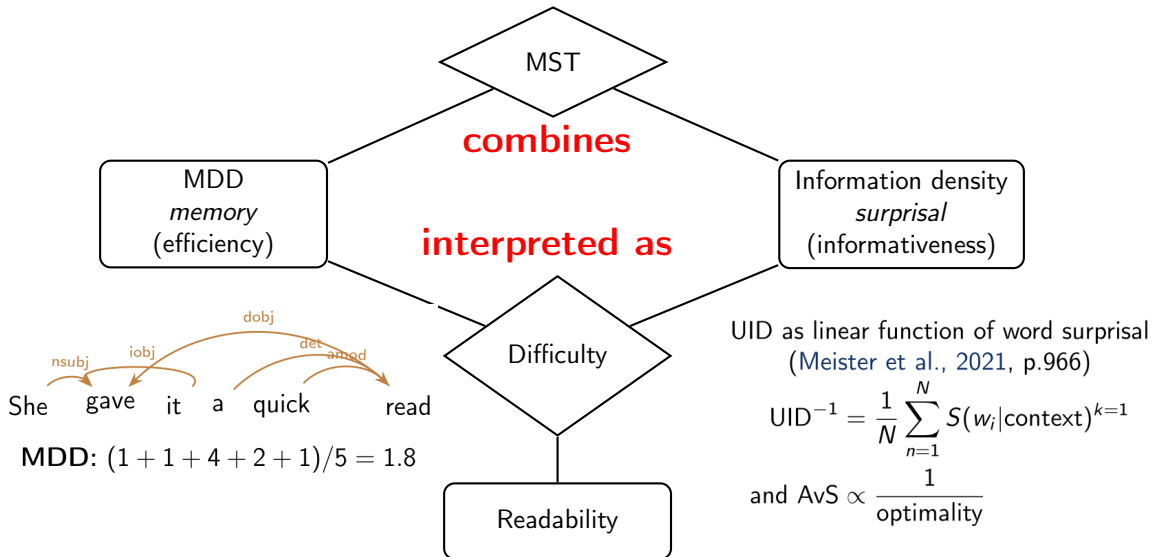
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# Language efficiency-informativeness descriptive approaches



# Cross-checking with alternative approaches (segment level)

## Information locality (measured as MDD)

Dependency distance minimisation?

tlang	mode	org	tgt	org-tgt	trend
de	sp	3.6	3.4		↘
	wr	3.9	3.9		
en	sp	3.0	2.9		↘
	wr	3.2	3.3		

## Information density (measured as AvS)

Lower AvS, more optimal UID?

tlang	mode	org	tgt	org-tgt	trend
de	sp	7.3	7.7		↗
	wr	6.5	6.5		
en	sp	6.7	6.6		↘
	wr	6.3	6.1		

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TL	mode	measure	outcome
de	sp	MDD	✓
	wr		✗
en	sp		✓
	wr		✗

TL	mode	measure	outcome
de	sp	AvS / UID	✗
	wr		—
en	sp		✓
	wr		✓

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	wr		✗

TL	mode	measure	outcome
de	sp	AvS / UID	✗
	wr		—
en	sp		✓
	wr		✓

Cross-modality comparison: spoken is more surprising, while having lower MDD than written

# Are translations easier to read than originals and sources?

## Data and resources:

**Pre-trained LM:** *xlm-roberta-base*

**Readability dataset:** Newsela (Xu et al., 2015)

## Methods:

- fine-tune NLM to classify sentences based on simplicity
- apply to translational data

### than originals?

TL	mode	measure	outcome
de	sp	R-score	✓
	wr		✗
en	sp		✓
	wr		✗

### than sources?

TL	mode	measure	outcome
de	sp	R-score	✓
	wr		✗
en	sp		✓
	wr		✓

(Kunilovskaya et al., 2023a)

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(Kunilovskaya et al., 2023a)



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en	sp		✓
	wr		✓

(Kunilovskaya et al., 2023a)

# Bringing together

Is mediated language more optimal ...

than originals?

TL	mode	MST	MDD	AvS	R-Score
de	spoken	✓	✓	✗	✓
	written	✗	✗	—	✗
en	spoken	✓	✓	✓	✓
	written	✓	✗	✓	✗

# Bringing together

Is mediated language more optimal ...

than originals?

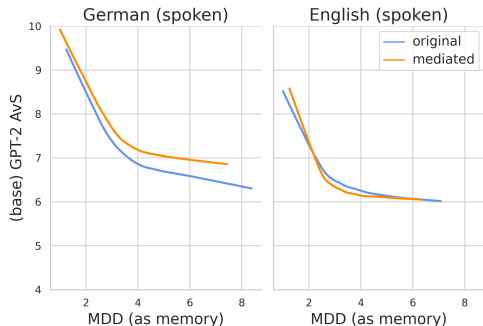
TL	mode	MST	MDD	AvS	R-Score
de	spoken	✓	✓	✗	✓
	written	✗	✗	—	✗
en	spoken	✓	✓	✓	✓
	written	✓	✗	✓	✗

How strong are the claims?

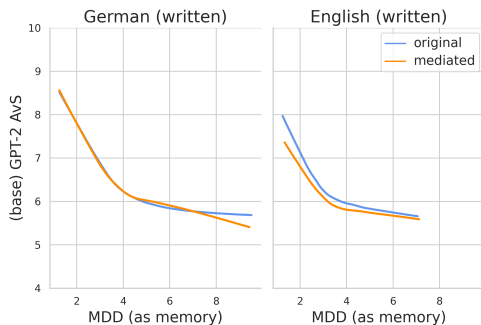
From descriptive approaches  
to explanatory and predictive potential.

# MST2: $MDD \sim AvS$ , Fitted regression lines\*

\*with locally weighted scatterplot smoothing; AvS from monolingual base GPT-2



TL	ttype	mode	$\rho$	$R^2$
de	original	spoken	-0.36	0.14
	mediated	spoken	-0.37	0.15
en	original	spoken	-0.23	0.07
	mediated	spoken	-0.25	0.08



TL	ttype	mode	$\rho$	$R^2$
de	original	written	-0.43	0.19
	mediated	written	-0.39	0.18
en	original	written	-0.27	0.08
	mediated	written	-0.26	0.09

# Updating

Is mediated language more optimal ...

than originals?

TL	mode	MST	MDD	AvS	R-Score	MST2
de	spoken	✓	✓	✗	✓	✗
	written	✗	✗	–	✗	–
en	spoken	✓	✓	✓	✓	–
	written	✓	✗	✓	✗	✓

# Translation detection: SVM classifications results

(best results after feature selection out of 46 predictors, excluding MDD and AvS)

**Segment level**

TL	mode	F1 $\pm$ SD	feats
de	sp	61.04 $\pm$ 1.88	39
	wr	63.05 $\pm$ 2.45	23
en	sp	59.00 $\pm$ 1.74	22
	wr	57.20 $\pm$ 2.20	10

**Document level**

TL	mode	F1 $\pm$ SD	feats
de	sp	76.13 $\pm$ 6.55	21
	wr	86.00 $\pm$ 5.54	18
en	sp	76.84 $\pm$ 7.08	23
	wr	74.33 $\pm$ 7.31	15

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de	sp	76.13±6.55	21
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	wr	74.33±7.31	15

Is interpreting more optimal than translation, i.e., blends with originals better?

lower F1 in spoken?

TL	mode	measure	outcome
de	sp~wr	SVM F1	✓
en	sp~wr		✗



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(best results after feature selection out of 46 predictors, excluding MDD and AvS)

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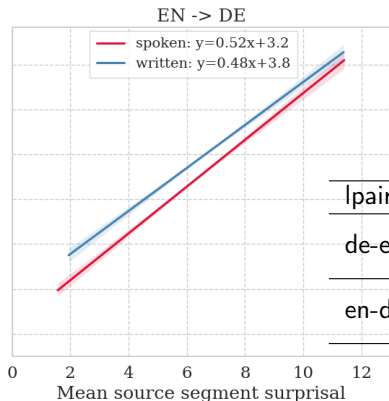
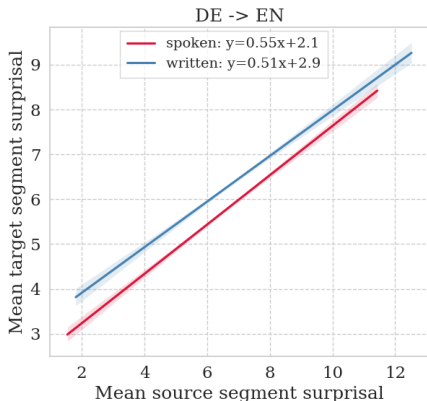
**Does interpreting deviate from originals more than translation?**

higher F1 in spoken?

TL	mode	measure	outcome
de	sp~wr	SVM F1	✗
en	sp~wr		✓

## Relation to the **source** information content: Model's effect

Linear regression lines, predicting mediated AvS from source AvS:  
based on in-house n-gram models

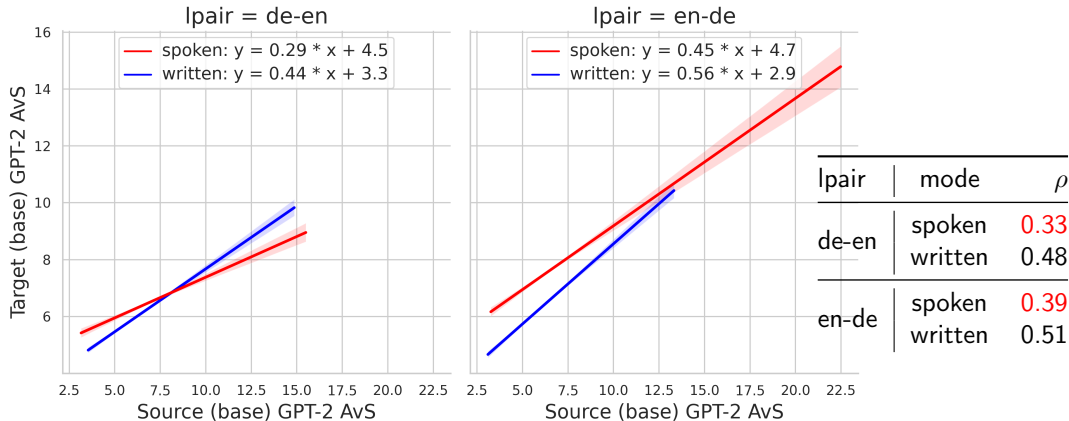


lpair	mode	$\rho$
de-en	spoken	0.48
	written	0.47
en-de	spoken	0.44
	written	0.51

Information bits are NOT a metric (like kg): a bit from src\_GPT2  $\neq$  a bit from tgt\_GPT2.

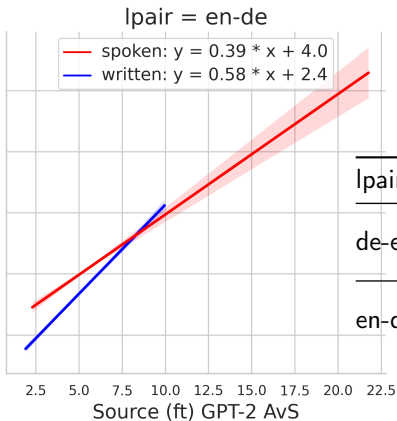
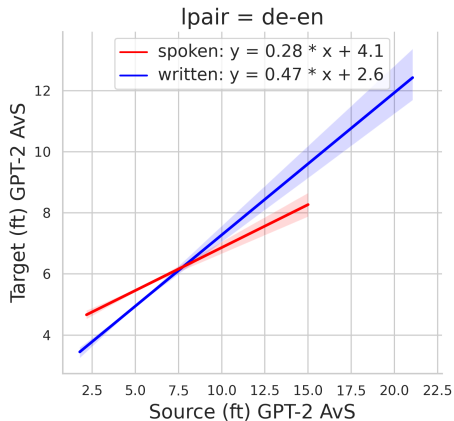
# Relation to the **source** information content: Model's effect

Linear regression lines, predicting mediated AvS from source AvS:  
based on monolingual **base** GPT-2 models



# Relation to the **source** information content: Model's effect

Linear regression lines, predicting mediated AvS from source AvS:  
based on monolingual **domain-adapted** GPT-2 models



lpair	mode	$\rho$
de-en	spoken	0.32
	written	0.51
en-de	spoken	0.37
	written	0.52

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# Findings about interpreting

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- ① Interpreting is more efficient: **better MST** (Hahn et al., 2021) than both originals and translations.
- ② Interpreting is more efficient than translation on some attempted alternatives (compared to originals: **MDD**; compared to originals and sources: **readability**).
- ③ Interpreting is more divergent from sources than translation (lower Spearman  $\rho$  for **src~tgt AvS**), with smaller information gains per unit of information in source (flatter slope for **src~tgt AvS regression**).
- ④ Interpreting is more surprising (AvS), with shorter dependencies (MDD) (directly compared to written).
- ⑤ Translation direction asymmetries:
  - mediated German is more source-faithful than mediated English (higher Spearman  $\rho$  src~tgt),
  - mediated German is more deviant from expected TL than mediated English (**F1 scores** higher),
  - mediated German shows fewer cross-modality differences than mediated English. Interpreted German is less TL-deviant than translated German, whereas in English the reverse holds (F1 scores).

# Findings about interpreting

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- ① Interpreting is more efficient: **better MST** (Hahn et al., 2021) than both originals and translations.
- ② Interpreting is more efficient than translation on some attempted alternatives (compared to originals: **MDD**; compared to originals and sources: **readability**).
- ③ Interpreting is more divergent from sources than translation (lower Spearman  $\rho$  for **src~tgt AvS**), with smaller information gains per unit of information in source (flatter slope for **src~tgt AvS regression**).
- ④ Interpreting is more surprising (AvS), with shorter dependencies (MDD) (directly compared to written).
- ⑤ Translation direction asymmetries:
  - mediated German is more source-faithful than mediated English (higher Spearman  $\rho$  src~tgt),
  - mediated German is more deviant from expected TL than mediated English (**F1 scores** higher),
  - **German as a source language triggers problems in English interpreting and leads to more over-polished English translations.**

# Methodological comments

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- ① **Independent proof of MST concept:** Support for inverse relation between information locality and density ( $MDD \sim AvS$ ), the results for MST and MST2 are not the same.
- ② **Volatility:** The information theoretical measures, inc. MST, are sensitive to data balance and preprocessing and underlying models.
- ③ **Interpretability issues:** Efficiency is method-dependent. Different operationalisations of *efficiency* (MST, AvS, MDD, R-score) don't always converge. There is no reliable verification for the results, except researchers' expectation and trust in the selected approach. Large room for cherry-picking.
- ④ There is **hardly any experimental evidence** of what these measures capture in cross-linguistic production.



Thank you!

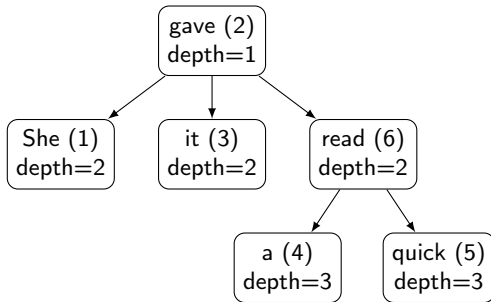
**High Efficiency in Interpreting:  
Evidence from the Memory-Surprisal Trade-Off**

SFB 1102 – Information Density and Linguistic Encoding (IDeaL)  
funded by the Deutsche Forschungsgemeinschaft, Project ID 232722074

Questions?

## Mean Hierarchical Distance Example

*She gave it a quick read.*



Leaf depths = {2, 2, 3, 3}

$$\text{MHD} = \frac{2 + 2 + 3 + 3}{4} = \frac{10}{4} = 2.5$$

# Outline

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- ① Prerequisites
  - Information theory context
  - Setting the task
- ② Methodology
- ③ MST Results
- ④ Discussion and alternative approaches
- ⑤ Takeaways
- ⑥ References

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